



380th
continues to
pull together



On the cover

Airmen from the 380th Expeditionary Civil Engineer Squadron conduct a tape change for an aircraft arresting system at the flightline complex recently.

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Submit stories and photos to 380aew.pa-@adab.centaf.af.mil. The SAND SCRIPT staff reserves the right to edit all submissions for content, policy and style.



courtesy photo

One team, one fight

SSgt John Schuler, 380th Expeditionary Logistics Readiness Squadron, receives a round metal object from CMSgt Kevin Slater, 380th Air Expeditionary Wing Command Chief Master Sergeant, after conducting maintenance with the chief on equipment at the Vehicle Maintenance Shop recently.

Action Line

If you have a question or comment you would like to direct to the wing commander, send an e-mail with subject line "Commander's Forum" to: 380aew.pa@adab.centaf.af.mil. The commander will provide a response by e-mail for most issues; however, Public Affairs may consolidate duplicate questions and print the responses in a future issue of the Sand Script. Members are encouraged to work issues through their chain of command prior to using the forum.

The Airman's Creed

*I am an American Airman.
 I am a Warrior.
 I have answered my Nation's call.*

*I am an American Airman.
 My mission is to Fly, Fight, and Win.
 I am faithful to a Proud Heritage,
 A Tradition of Honor,
 And a Legacy of Valor.*

*I am an American Airman.
 Guardian of Freedom and Justice,
 My Nation's Sword and Shield,
 Its Sentry and Avenger.
 I defend my Country with my Life.*

*I am an American Airman.
 Wingman, Leader, Warrior.
 I will never leave an Airman behind,
 I will never falter,
 And I will not fail.*

Perspective

The Company oath

by Col Barry Simon
 380th Expeditionary Medical Group Commander

Anyone who has worked with me in the last 10 years has heard this. The account is worth repeating and I can write credibly about it because I'm convinced these foundational principles are the right way to live.

At the risk of sounding repetitive, but really just being consistent, please take this to heart.

If you're Active Duty or Reserve, you've sworn to "support and defend the constitution of the United States." Your spouse has committed to the same principle and retired servicemembers have already fulfilled that obligation. There is not one generation since our grandparents who have not had to live through some kind of conflict overseas. The 18-year-olds volunteering now are an even more dedicated lot; they know they're going to war.

We're part of a particularly unique and enveloping culture. There's a discernable difference between the military services and General Motors Corp., IBM, or Boeing Co. We live by a set of core values whose words may differ between services but whose ideology is consistent; integrity first, service before self, and excellence in all we do. Every other large company has a similar mantra. GM: continuous improvement; customer enthusiasm; innovation; integrity; teamwork; individual respect and responsibility. IBM: dedication to every client's success; innovation that matters; trust and personal responsibility in all relationships.

But we live our philosophy on both sides of the perimeter fence. At home, if you live on base, or off base in a predominantly military community, you know how your neighbor will react to any situation; with integrity, a sense of service before self, and internally motivated to excellence. On the other hand, if you live in Detroit, MI, Armonk N.Y., or Chicago, IL, the CEOs of the other Fortune 500 companies in those cities don't demand their core values on and off duty. So you can't really be sure how your neighbor will act because the strongest restraining influence is punishment under civil law, which only works for law abiding citizens.

The tasks you complete or the programs you manage are part of a larger intention for what our company does; "deliver sovereign options for the defense of the United States of America and its global interests." You're not an ant working for the good of the colony; that's far too demeaning. But if you don't understand and keep focused on the ultimate goal of military defense, you risk getting caught in every day minutiae and being sidetracked by non-contributory activity. If you're a mechanic, it's not the bolt, it's the airplane. If you're a medic, it's not the sore throat, it's the 125,000 pounds of fuel the patient has to deliver this afternoon. If you're a linguist, it's not the word, it's the nuance you assess that's important to the decision maker who is going to commit resources.

There are other simple rules of engagement which are part of the military culture that create an orderly environment for positive change:

- ▶ Break rather than make roadblocks
- ▶ Your first answer to anyone should be "yes," or at the very least "I'll find a way to do that."
- ▶ Don't walk past a mistake
- ▶ Zero tolerance for sexual, racial, or cultural harassment
- ▶ Treat everyone with respect because they are human beings

We're held to a higher standard by our own choice and by the people who depend on us. I can hope, but I don't expect you to keep this article and re-read it every day. If you're with The Company because you're committed to the oath you swore to, you'll see that I described what you expect of yourself.

380th firefighters train to save one another

by SMSgt John Ring
380th Civil Engineer Squadron Fire
Protection Flight Chief

Firefighters attend training courses on a daily basis that range from aircraft, to confined space, to hazardous materials, and have recently integrated into their curriculum one that hits especially close to home; rescuing downed firefighters.

There has been several documented case studies where firefighters have reached, communicated with, and physically touched downed firefighters but have been unable to remove them from that hazardous environment.

Based on these case studies, a series of emergency movements have been integrated into both civilian and Department of Defense fire departments which enable firefighters to accurately assess different situations, make quick decisions, and move downed firefighters away from a hazardous area. The 380th Civil Engineer Squadron Fire Protection Flight recently completed this training.

Much of the training is compatible to what

firefighters with the 380th face on a daily basis; Type III building construction, high life safety hazards, high heat, and high winds. These situations are deadly combinations to firefighters responding in smoke and fire conditions.

The emergency movements are carried out after the downed firefighter is “packaged” into a more mobile, movable object utilizing the breathing apparatus being worn as a conduit for the movement. With protective gear and the breathing apparatus being worn, an additional weight of 55 pounds is added to the firefighter. The movements are based on technique, communication, and teamwork instead of brute strength.

The movements are broken down into five steps:

- ▶ A conventional floor drag
- ▶ Lifting up a stairway
- ▶ Lifting into a window
- ▶ Lifting into a window in confined spaces
- ▶ Carrying down a ladder.

An emergency bailout procedure for firefighters utilizing a ladder from a second or third story window is also taught.

The classes conducted were at the first level for this training. The teams of firefighters conducting the movements were not in full protective gear, didn’t wear their breathing apparatus, and worked under clear and non-hazardous conditions. In other words, they had it easy.

The next step in the training will be at the fire department training module. The teams will be in full gear utilizing their air packs and making their assessments and movements in difficult conditions.

Firefighters at Station 2 were given the class first; given their proximity to the dormitories. Since their arrival, Station 2 firefighters have spent numerous hours on training and response scenarios to improve their coverage of Phantom East. One result of the intensive training was a reconfiguration of the hose load for their fire engine which enables them to make quicker, more efficient offensive attacks on fire at the beginning stage.

That will go a long way in preserving the most important assets of this base; the personnel who make the 380th work.



photo by SrA Levi Riendeau

The Airmen who received the training are pictured from left to right: TSgt Mark Cornell, A1C Brandon Carlson, SSgt Keith Burrit, Col Bruce VanSkiver, TSgt Steven Stover, SMSgt John Ring, SrA Kyle O’Conner, SrA Anthony Stanchfield, A1C Patrick Tobin



photo by SrA Levi Riendeau

380 EMDG ribbon cutting

Col Barry Simon, 380th Expeditionary Medical Group Commander, performs a ribbon cutting with 1LT Loren Jones-Harris, 380th Expeditionary Civil Engineer Squadron, Tuesday. The 380 EMDG moved into the new facility Feb. 10.



photo by SrA Levi Riendeau

TCN injury exercise

Airman from 380th Expeditionary Security Forces Squadron Force Protection participate in a Third Country National injury exercise at the 363rd Training Group compound Tuesday. The scenario of the exercise was a fire on base with an injury to a TCN.



photos by SrA Levi Riendeau

Intramural basketball

Airmen from the wing participate in an intra-mural basketball game Wednesday.

Intramural basketball standings

| <u>Squadron</u> | <u>W - L</u> |
|-----------------|--------------|
| ECES/CEF | 5 - 0 |
| ESFS 1 | 4 - 0 |
| ECES | 3 - 2 |
| ELRS | 3 - 2 |
| ESFS 2 | 3 - 2 |
| EMDG | 2 - 3 |
| EAACS | 1 - 2 |
| WSA | 1 - 3 |
| ESVS | 1 - 4 |
| ECS | 0 - 5 |



photo by SrA Levi Riendeau

Over the top

Congratulations to SrA Michael Simek (above), 380th Expeditionary Security Forces Squadron, for placing first in the 380th Air Expeditionary Wing's Biggest Gunz arm-wrestling competition Wednesday. A1C Cornelius Bostic took second in the competition.



photo by SrA Levi Riendeau

5K Love Run

Congratulations to Capt Andrew Cawood (above), 380th Expeditionary Contracting Squadron, for taking first place in the men's division and Capt Laura Whitehead, 380th Expeditionary Airborne Air Control Squadron, for taking first place in the women's division of the Valentine's Day 5K Love Run Feb. 14.



photo by SrA Levi Riendeau

Kickball tourney

Airmen participate in the 380th Air Expeditionary Wing's kickball tournament Saturday. Congratulations to the 380th Expeditionary Civil Engineer Squadron Fire Protection Flight Team 1 for taking first place in the tournament. The 380 ECES placed second.

Making the mission possible

by SrA Ross M. Tweten
380th Air Expeditionary Wing Public Affairs

They've directly or indirectly had a hand in building, constructing, assembling, excavating, paving, and imagining almost every structure on base. Their squadron is one of the most diverse in the Air Force, with agencies such as Explosive Ordnance Disposal and Fire Protection in the mix. As a result, they always have a lot going on.

The 380th Expeditionary Civil Engineer Squadron has much to take pride in, especially here, where the 380th Air Expeditionary Wing continues to rapidly and significantly develop, and engage in Operations Iraqi Freedom and Enduring Freedom.

They've already started, completed, and overseen a great deal during Air and Space Expeditionary Force 1 and 2 such as: Transforming Gate 1 into a modern gate with all the force protection amenities a home-station gate would include; upgrading water, electrical and sewage utility infrastructure in Phantom West; moving people out of tents and into real facilities; breaking ground on a new dry food storage facility and flightline kitchen; constructing the new 380th Expeditionary Medical Group Building; completing a 20,000 square foot concrete pad for the 380th Expeditionary Maintenance Group for storage of Aerospace Ground Equipment; renovating countless facilities around base; mapping the installation; transforming their fire stations into what are now models of forward-deployed, structurally-oriented firehouses; switching a fuel site from generator to commercial power thus minimizing lost time in case of a power outage; fixing countless power outages and power supply problems throughout the wing; the fire protection flight responding to numerous alarms; laying the ground work to significantly decrease the amount of false and trouble alarms by replacing smoke and heat detectors throughout the base; and the fire protection flight and EOD shop continuing to save lives and protect property.

Seems like a litany of important stuff, right? That's just the tip of the iceberg of this squadron's laundry list of gargantuan undertakings, and with respect to the amount of time we're afforded to live our lives, you will be

spared the task of reading everything the squadron is charged with over the course of a rotation.

According to SSgt Nicholas Angelini, who has been with the 380 ECES Engineering Flight since September of 2007 and is nearing the end of his deployment, he has seen quite a bit.

"We have responsibility for the smallest latrine and the largest runway and everything in between," he said. "If it happens on this base, it's because CE did its job. At times, the most difficult aspect of being CE is trying to get everyone else to realize how much it takes to make things happen. We love making our base a better place and we want to get it done, but the process doesn't happen overnight."

Due to its diversity, civil engineer squadrons routinely deal in exciting and interesting ventures.

"One exciting thing about working in CE is seeing first hand how we all come together to complete the mission and fly the frag," said the 380 CES's TSgt Alva Benjamin. "Sometimes we take our job for granted. For instance, a few weeks ago, I got a call that there was no power to a roll up door. That sounds really simple. When we got there we found out that there was a U-2 waiting on us to get the door opened so it could be launched. My adrenaline started rushing once I found out why I was there. We troubleshoot, found the problem, fixed it and had that door opened in 30 minutes."

Some deployed missions within civil engineering are exactly the same as their home-station missions and some differ.

"The fire protection mission is the same; saving lives and protecting property," said SMSgt John Ring, base fire chief. "But our main obstacle is having to improvise and adapt to local conditions, aircraft assigned to our base, fire apparatus at our site, and local policies and standards.

"We're learning new things every day," he added. "Many of us have never worked with the U-2 aircraft. Some of us have attended advanced training in the firefighting career field and are able to pass that on to our department. We learn from each other. The fire department is stronger because of this."

According to Sergeant Benjamin, what the Electrical Systems Flight does here is very different than what it does back in the states.



photos by SrA Levi Riendeau

"Everything from our high voltage switching stations to the everyday light switch and outlets that are in every office and billet are completely different," he said. "Initially it's harder to deal with because we don't get trained on how to work on these items. We learn it as we go. The reason why we're able to learn as we go is because the principles of electricity are the same no matter where you are in the world."

The civil engineer squadron's mission is simple yet confusing, straightforward yet elaborate, and understandable yet straight out of left field. But, whatever a bases' mission is, the Air Forces' civil engineer squadrons makes it possible.



Airman of the Week

SSgt Andre Denson



photo by SrA Levi Riendeau

Squadron: 380th Expeditionary Medical Group

Home Unit: 79th Medical Support Squadron, Andrews Air Force Base, M.D.

Best part of the job: The satisfaction of knowing I've fixed a piece of equipment that can save someone's life.

Where do you see yourself in five years: With a line number for master sergeant and possibly serving as a training instructor

Favorite movie: "Any Given Sunday"

Supervisor's Comments: Sergeant Denson has shown maturity and dedication beyond his years as a young non-commissioned officer in the Air Force. As a Biomedical Equipment Technician, he has repaired and calibrated over 30 pieces of equipment within the first three weeks of his deployment. His never-say-quit attitude was instrumental during the movement of the medical clinic from one building to another within a 12-hour timeframe. He has demonstrated outstanding flexibility by performing radiographic procedures on injured personnel, a job normally reserved for radiology technicians. The medical group is proud of the efforts Sergeant Denson puts forth every day as he sets an example for all to follow.

Community Standards

Tip of the Week

While in physical training gear, be sure to remember the following:

- ▶ Men will comply with shaving standards when wearing PT gear.
- ▶ For females, hair extending below collar will be pinned up or placed in a pony tail.
- ▶ PT shirts will be worn tucked in unless engaged in PT activity.
- ▶ PT shorts will be worn at the waist and may be worn as swimming trunks by men and women.
- ▶ PT jacket, if worn, must be at least half zipped.

Attention Warriors ...

The Oasis dining facility hosts the 380th Air Expeditionary Wing Warrior Day Wednesday from 1030 to 1430 in the Levitow Room.

Emergency Management, Explosive Ordnance Disposal, and Bioenvironmental will be on hand to answer all contingency response questions.

Instructions for cleaning air-conditioning unit ...



1 Locate cutouts on the right ...



2 ... and left sides of the air-conditioning unit.



3 With both hands, gently but firmly pull on the front cover. The cover swings forward and up.



4 If the unit has an additional set of filters, lift them out by pulling down. Vacuum or shake the dirt and dust out of the filter.

5 Push up at the bottom of each filter then lift and pull the filter to remove it. Clean the filter with plain water in a sink or basin.



6 (Above) Reinstall the filters by fitting it back into the grooves and pushing upward.

7 (Right) Reverse these steps to put the unit back together. The filter slides into a small channel at the top of unit.

Dehumidifier Care and Operation

Relative Humidity Setting

Fan Speed

Power On/Off

Tank Full Indicator

Normal operation of your Dehumidifier

All installed and free standing units should be run on the following settings:

- 50-60% relative humidity
- Fan speed #1 or #2

For free standing units, empty tank when indicator light is on. Empty all dehumidifier tanks in the bathroom. Do not empty tanks outdoors.

If the light appears on a hard installed unit, pls call CE Customer Service or Lodging

Cleaning your Dehumidifier

Occupants are responsible for cleaning filters on their units 1X per month

Pull off panel & vacuum out screen and coils to clean all dust and lint

Other Important Information

- Installed units must have the back screen facing the room
- Free standing units must have the back screen a min of 14" away from the wall
 - It is recommended to turn your free standing units backwards to improve airflow and dehumidifier efficiency
- Louvers on the top of the dehumidifier may be moved to any setting except fully closed
- Dehumidifiers run on 220V power - do not use them with a transformer
- Do not place items (clothes, TVs, Stereos) on top of the dehumidifier

For more information, call 380th Civil Engineer Squadron Customer Service at 434-2539 or Lodging at 434-3752.



Winner

“Okay, guys, where should we put the hot tub?”

TSgt Kenneth Bryant
380th Expeditionary
Maintenance Group

Caption Contest

Send your caption to 380aew.pa@adab.centaf.af.mil by 1700 Wednesday.

Captions should be in good taste and no more than 45 words. The winner's name and unit will be published in next week's Sand Script.



Other submissions:

“I don't care if you're always the racecar back home, here you're the thimble.”

TSgt Allen Spoon, 380th Expeditionary Communications Squadron

“Guys, I know we're trying to do more with less, but this is ridiculous.”

SSgt Steven Sharp, 380th Expeditionary Logistics Readiness Squadron

“This has to be the least formal retreat ceremony I've ever seen.”

1Lt James Gent, 964th Expeditionary Airborne Air Control Squadron

“Which one of you took my G.I. Joes?”

A1C Jason Conwell, 380th Expeditionary Civil Engineer Squadron

